



THE best summer ever PLACE



Find your fun. Find your people. Find your summer at the Y.



**PRATTVILLE YMCA
SUMMER PROGRAM GUIDE 2026**

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



HERE FOR YOU



The Prattville YMCA is a United Way Agency.

PRATTVILLE YMCA STAFF

David Lewis.....General Director/CEO
Jennifer Barrett.....Assistant General Director/COO

ADMINISTRATIVE BRANCH

Sherry Moore.....Finance Director
Jessica Sedgwick.....Marketing & Communications Director
Leela Bert.....Director of Membership & Employee Engagement
Kathy Asbury.....Membership Coordinator
Wendy Majors.....Accounts Payable/Payroll

DON M. SMITH BRANCH

David Creamer.....Aquatics Director/Branch Director
Brittany Gardner.....Gymnastics Director
Martie Brown.....Senior Swim Team Coordinator
Kara Bruce.....Gymnastics Team Coordinator
Rian Truelove.....Gymnastics Coordinator
Hope Cutler.....Aquatics Coordinator
Sandy Jackson.....Member Services Supervisor
Robin Thivierge.....Member Services Assistant Supervisor
Faith Hensley.....Gyminee Cricket Supervisor

FITNESS BRANCH

Tiffany Thomas.....Wellness Coordinator
Travis Rodie.....Healthy Living Coordinator

WILLIS BRADFORD BRANCH

Jon Grooms.....Director of Youth Development & Healthy Living
June Dorough.....Financial Development Director/Ability Programs
Bailey Fulford.....Assistant Bradford Branch Director
Zach Burdette.....Youth Sports Coordinator
Katina Platt.....Member Services Team Lead

CHILD CARE BRANCH

Sarah Thornton.....Childcare Director
Kerry Jones.....Assistant Child Care Director of Admin.
Kathy Melton.....Assistant Child Care Director of Programs
Tammy Hunter.....Preschool Site Supervisor

BOARD OF TRUSTEES

OFFICERS

Harvey Clark.....President
David McDowell.....Vice President
Mike Lamar.....Treasurer
David Lewis.....Secretary

Robby Anderson Ed Mullins
Johnny Brownell David Smith
Joe Mathis

BOARD OF MANAGERS

OFFICERS

Clay McConnell.....Chairman
Kristi Johnson.....Vice Chairman
Duwan Walker.....Secretary/Treasurer

Eric Alford	Donna Jackson	Gray Penton
Karla Boles	Marcus Jackson	Chip Powell
Denise Brown	Martin Jackson	Kacey Powell
Matt Burns	Louise Jennings-McCullar	Trey Rogers
Annette Funderburk	Onya Johnson	Anne Sanford
Josh Gamble	Scott Kramer	Wade Seamon
Bill Gillespie, Jr.	Emily Lobenstein	Kyle Shirley
Bob Gipson	Eric Morgan	Jerry Starnes
Randy Grissett	Bryant Northington	Rebecca Thomas
Kasey Hope	Danna Patterson	Patty VanderWal
Eric Jacks		

LIFE BOARD MEMBERS

Robby Anderson	Brett Crawford	Tom Miller
Dean Argo	Barbara Dennis	Algie Morgan
Johnny Brownell	Martha Ellis	Ed Mullins
J.N. "Buddy" Buckner	Steve Golsan	Tom Newton
Jim Byard Jr.	Spencer Knight	Cindy Oliver
Harvey Clark	Mike Lamar	David Smith
Janice Clark	Joe Mathis	Robert Stacy
Edward Clinton	Roy McAuley	Alfred Wadsworth
Louis Colley	David McDowell	Richard Williams



MEMBERSHIP RATES

	Monthly Draft	Joining Fee
Adult (Age 19 & up)	\$36	\$50
Household	\$57	\$75
Household + 1	\$73	\$91
Household + 2	\$87	\$107
*Nationwide Youth (Age 0-18)	\$27	\$25
*Nationwide Adult	\$53	\$50
*Nationwide Household	\$67	\$100
*Nationwide Household + 1	\$77	\$100
*Nationwide Household + 2	\$87	\$100

*A Nationwide Membership includes access to participating YMCAs in the River Region and all over the United States.

A Household includes 2 adults, residing at the same address, and any dependents of either person or both.

The Household Plus options allow for up to 2 additional adults residing at the Household Membership address to be added to a Household Membership.

Proof of residence will be required for all adults on a Household Membership.

MEMBER-GET-A-MEMBER

Love the YMCA? Tell your friends to sign up and get paid! Refer a friend and receive \$20 in Y bucks, good for YMCA programs and merchandise.

PRATTVILLE YMCA BRANCH INFORMATION

5 branches to serve our community...

ADMINISTRATIVE & DON M SMITH BRANCH

(334) 365-8852

600 East Main St.
Prattville, AL 36067

ADMINISTRATIVE:

Monday – Friday
9:00 A.M. – 5:00 P.M.

DON M. SMITH:

Mon., Tues., Thurs.
8:00 A.M. – 8:00 P.M.

Wed 8:00 A.M. – 6:00 P.M.

Fri 8:00 A.M. – 7:00 P.M.

Sat 8:00 A.M. – 3:00 P.M.

Sun Closed

CHILD CARE BRANCH

(334) 358-1446

972 McQueen Smith Rd. S
Prattville, AL 36066

PRESCHOOL:

Monday – Friday
6:00 A.M. – 6:00 P.M.

BEFORE SCHOOL:

Monday – Friday
6:00 A.M. – 7:00 A.M.

AFTER SCHOOL:

Monday – Friday
2:30 P.M. – 6:00 P.M.

SUMMER DAY CAMP:

Monday – Friday
7:00 A.M. – 6:00 P.M.

FITNESS BRANCH

(334) 361-0268

600 East Main St.
Prattville, AL 36067

Monday – Friday
5:00 A.M. – 9:00 P.M.

Saturday
8:00 A.M. – 5:00 P.M.

Sunday
1:00 P.M. – 5:00 P.M.

Child Watch Room Hours for Fitness:

M W F 8:00-11:15 A.M.
T Th 8:00-10:00 A.M.
M-Th 3:30-7:00 P.M.

WILLIS BRADFORD BRANCH

(334) 358-9622

972 McQueen Smith Rd. S
Prattville, AL 36066

Monday – Friday
5:00 A.M. – 8:00 P.M.

Saturday
9:00 A.M. – 6:00 P.M.

*Sun 1:30 P.M. – 4:30 P.M.
*Sunday hours are June-
Aug and are pool only.

Child Watch Room Hours for Bradford: (ages 3 months-10 years)

M W F 8:00 – 11:00 A.M.
T Th 8:00 – 10:00 A.M.

GYMNASTICS CENTER (334) 491-9622

348 Hwy 82 West, Prattville, AL 36067

The Gym Center is open during Gym-
nastic Cricket & Gymnastics Class times.
For a list of class times, see page 8.

*Hours of operation are subject to
change. Please check our website
and/or social media for updates.

MEMBERSHIP BENEFITS

★ Facilities

Enjoy 2 basketball gyms, a play center, 3 outdoor pools, 1 indoor pool, 1 tennis court, 6 pickleball courts, 2 racquetball courts, 2 outdoor tracks, 2 fitness locations, and more as a Y member.

★ Child Watch

Work out knowing your kids are safe and close by.

★ Group Exercise Classes

We offer over 18 different group exercises that are free with your membership.

★ Equipment

Ellipticals, treadmills, recumbent bikes, stair climbers, free weights, and circuit training machines are just some of the equipment pieces available with your membership.

★ Program Discounts

Our Y members have the opportunity to participate in over 50 programs for up to half off the non-member rate.

★ YMCA360 Online Platform & App

Included in your Membership is access to our YMCA360 App and online platform. This platform helps you stay connected with fitness classes, challenges, rewards and more!

★ Community

At the Y, we exist to strengthen our community. As a Y member, you can create meaningful change for yourself and others.

STAY CONNECTED www.prattvilleymca.org



Download the YMCA360 App today. It is FREE with your membership.



Join our Remind today to stay in the loop! Text @pvilleymca to the #81010.



JOIN US FOR FAMILY DIVE-IN MOVIE NIGHTS!

Bring your family and float around the pool while watching a movie on the big screen! Located at the Bradford Branch Pool.

Time: 8:00-10:00 P.M.
Dates: June 19 & July 31
Fee: Free to Members/
 \$10 Non-members
 (\$30 max per family)

Children must be accompanied by a parent/guardian.

Moonlight Swim:
 May 29 | June 26 | July 17
 Time: 8:00-10:00 P.M.

SUMMER POOL TIMES

DON M. SMITH BRANCH OPEN POOL TIME

Dates: June 6-July 25

Times: Outdoor Pool	Saturday	10:00 A.M. – 2:45 P.M.
Indoor Pool	Monday	7:00 P.M. – 7:45 P.M.
	Tues & Thur	12:00 P.M. – 12:55 P.M.
	Saturday	12:00 P.M. – 2:45 P.M.

BRADFORD BRANCH OPEN POOL TIME

Dates & Times:

May 9	Saturday	12:00 P.M. – 5:00 P.M.
May 16 & 23	Saturday	11:00 A.M. – 8:00 P.M.
May 26-Aug 9	Mon – Sat	11:00 A.M. – 8:00 P.M.
	Sunday	1:30 P.M. – 4:30 P.M.

(Sunday hours are pool only, June-Aug)

The pools at Bradford will be closed on June 8, June 15 & June 20 for Prattville Swim League Swim Meets. The pools will open at 12 pm on June 10, 12 & 17 due to the ACBOE Summer Enrichment Camp Water Safety.

SUMMER SWIM

TODDLER SWIM LESSONS

LOCATION: Don M. Smith Outdoor Pool (365-8852)
Ages: 2-3 years old
Days & Times: Mon & Wed 11:10-11:30 A.M.
 Tues & Thurs 5:00-5:20 P.M.
Session Dates: June 1-25 & July 6-30
Fee Per Session: \$120/ \$78 Prattville Y Members

PRESCHOOL 2-ON-1 SWIM LESSONS

LOCATION: Don M. Smith Outdoor Pool (365-8852)
Ages: 3-5 years old
Session Dates: June 1-11 July 6-16
 June 15-25 July 20-30
Fee Per Session: \$120 / \$78 Prattville Y Members
Days: Mon-Thurs:
Times: 8:45-9:15 A.M.
 9:20-9:50 A.M.
 10:00-10:30 A.M.
 10:35-11:05 A.M.
 5:30-6:00 P.M.
 6:05-6:35 P.M.



Register Here!

YOUTH 2-ON-1 SWIM LESSONS

LOCATION: Don M. Smith Outdoor Pool (365-8852)
Ages: 6-12 years old
Session Dates: June 1-11 July 6-16
 June 15-25 July 20-30
Fee Per Session: \$120 / \$78 Prattville Y Members
Days: Mon-Thurs
Times: 8:45-9:15 A.M.
 9:20-9:50 A.M.
 10:00-10:30 A.M.
 10:35-11:05 A.M.
 5:30-6:00 P.M.
 6:05-6:35 P.M.

PREP-TEAM AT THE Y: A CLINIC MADE FOR CHAMPIONS!

LOCATION: Don M. Smith Branch Indoor Pool (365-8852)
 Prep-Team at the Y is a clinic to prepare young/new swimmers for summer swimming. Though not a prerequisite, normally these swimmers have been through intermediate level swimming classes. The swimmer should be comfortable swimming unassisted in both deep and shallow water. The goal of the Prep-Team Clinic is to prepare for summer swim team. We will work on Freestyle and Backstroke with a few extra swim tips thrown in!

Dates: May 4-15
Days & Times: M, W, F 5:00-5:30 P.M. Returning Prep-Team
 M, W, F 5:30-6:00 P.M. New Swimmers
Ages: 5 & up
Fee: \$145 / \$95 Prattville Y Members



SUMMER SWIM LEAGUE

The YMCA and the Prattville Parks and Recreation Department have combined their efforts to offer our community the best summer competitive swim program in the state. PSL is a YMCA/ARPA/USA Swimming team. Come join the YMCA and Parks & Rec for a summer of fun in the sun!

Registration: Begins April 14 at the Don M. Smith Branch
Begins: May 11
Location: Bradford Branch Pool

NEW SWIMMER EVALUATION DATES:

Pick a day to come and get evaluated to be on the swim team! Evaluations will be done at the Bradford Branch.

• May 5, 7, 12, 14, 18, 19 or 21 5:15-6:15 P.M.



SPORTS CAMPS



GIRLS' VOLLEYBALL CAMP



CAMP OPTION # 1 **June 8**
Time: 8:00 AM - 12:00 PM
Ages: 1st-6th Grade
Instructor: Kaylon Cantrell, Head Coach, PCA
Fee: \$75 / \$55 Prattville Y Members

CAMP OPTION # 2 **June 25-26**
Time: 9:00 AM - 4:00 PM (lunch provided)
Ages: 1st-6th Grade
Instructor: Julianne Mathews, Head Coach, CACC
Fee: \$125 / \$100 Prattville Y Members

BASKETBALL CAMPS (Co-ed)



CAMP OPTION # 1 **June 1-2**
CAMP OPTION # 2 **July 1-2**
Instructor: Jason Landman, former Pro Basketball Player
Times: 1st-5th Grade 8:30-10:45 A.M.
6th-8th Grade 11:00 A.M.-1:15 P.M.
9th-12th Grade 1:30-3:30 P.M.
Fee: \$75 / \$55 Prattville Y Members

SOCCER CAMP (Co-ed)



Dates: TBD
Instructor: Brent Sowell, Head Coach, Marbury High
Fee: TBD

FISHING CAMP (Co-ed)



Dates: TBD
Instructor: Matt Vines, Lanark
Fee: \$75 / \$55 Prattville Y Members

»» CAMP DETAILS:

Participants not only sharpen their athletic abilities while working with some of the top coaches in our area, they also build character, develop self-confidence and create healthy relationships through positive competition.

Camps will be held at the Bradford Branch, with the exception of Fishing Camp. Please arrive 15 minutes prior to each camp for check in.



Register Here!

OR AT THE BRADFORD BRANCH.



FITNESS CENTER RENOVATIONS!

Big things are coming to the Fitness Center! We're reimagining the space to better serve our members... opening it up by removing walls, bringing in new equipment, and adding a turf training area for more dynamic workouts. These upgrades are all about creating an environment where you can move freely, train harder, and feel inspired every time you walk through the doors. The best is yet to come!



YOUTH SPORTS



»» TINY TOTS BASKETBALL

This program is designed to introduce the game of basketball to 3 year olds. It will be offered in eight sessions for 45 minutes. In each session, we will have practice half the time, and game play the other half.

Ages:	3 (age as of June 1)
Registration:	Now through May 3
Days:	Mondays
Season:	May 18-July 6
Fee:	\$68 / <u>\$38 Prattville Y Members</u>



»» LITTLE DUNKERS BASKETBALL

3 Leagues: K4/K5, Entering 1st/2nd, Entering 3rd/4th

Registration:	(age as of June 1) Now through May 17
Days:	Tuesdays & Thursdays
Season:	May 26-July 18
Fee:	\$135 / <u>\$70 Prattville Y Members</u>



»» MARTIAL ARTS & SELF DEFENSE

LITTLE DRAGONS

Days & Times:	Tues & Thurs 6:00-6:45 P.M.
Ages:	4-6 years old
Instructor:	Pam Smith
Monthly Fee (bank draft):	1st child: \$80 / <u>\$50 Prattville Y Members</u> 2nd child: \$64 / <u>\$34 Prattville Y Members</u>

TAEKWONDO

Days & Times:	Tues & Thurs 6:45-7:45 P.M.
Instructor:	Pam Smith
Monthly Fee (bank draft):	1st family member: \$96 / <u>\$66 Prattville Y Members</u> Additional family members: \$64 / <u>\$34 Prattville Y Members</u>



← Register Here!

Mark your calendars for our Fall sports:
Flag Football | Girls' Volleyball

GYMNASTICS

★ **Gym & Ninja Combo!**
Sign up for 1 day of Gym & 1 day of Ninja and save!

Gymnastics Center Location: 348 Hwy 82 W
 Flexible 2 week session for summer!
 June 1-11 • June 15-25 • July 6-16 • July 20-30



Register Here!

»» LIL' CRICKETS

Ages: Walking to 35 months
Days & Times: Mon 11:00-11:30 A.M.
 Mon 6:00-6:30 P.M.

Fee per 2 week session: \$37 / \$27 Prattville Y Members

LIL' CRICKET NINJA

Ages: Walking to 35 months
Days & Times: Thurs 11:00-11:30 A.M.
 Thurs 4:00-4:30 P.M.

Fee per 2 week session: \$37 / \$27 Prattville Y Members

★ **LIL' CKT & NINJA COMBO! \$50 / \$40 Prattville Y Members**

»» GYMINEE CRICKETS

Ages: 3 - 5 1/2 years old

• Mondays 10:00-10:45 A.M.
 4:00-4:45 P.M.
 5:00-5:45 P.M.

• Tuesdays: 10:00-10:45 A.M.
 5:45-6:30 P.M.

Fee per 2 week session: \$47 / \$32 Prattville Y Members

GYMINEE CRICKET NINJA

Ages: 3 - 5 1/2 years old

• Thursdays 10:00-10:30 A.M.

• Thursdays: 5:45-6:15 P.M.

Fee per 2 week session: \$37 / \$27 Prattville Y Members

★ **CRICKET & NINJA COMBO! \$60 / \$45 Prattville Y Members**

»» YOUTH GYMNASTICS

Ages: 5 1/2 - 11

• Mondays 9:00-9:45 A.M.
 4:00-4:45 P.M.
 5:00-5:45 P.M. (girls & boys)

• Thursdays 9:00-9:45 A.M.
 4:45-5:30 P.M.

Fee per 2 week session: \$47 / \$32 Prattville Y Members

YOUTH NINJA

Ages: 5 1/2 - 11

• Mondays 4:00-4:45 P.M.
 5:00-5:45 P.M.

• Tuesdays 9:00-9:45 A.M.
 4:45-5:30 P.M.

Fee per 2 week session: \$47 / \$32 Prattville Y Members



★ **GYM & NINJA COMBO! \$65 / \$50 Prattville Y Members**

»» INTERMEDIATE GYMNASTICS

Ages: 5 1/2 - 11 (Invite Only)

• Mondays 9:35-10:55 A.M.
 4:35-5:55 P.M.

• Tuesdays 5:20-6:40 P.M.

• Thursdays 5:20-6:40 P.M.

Fee per session: 1 DAY A WEEK: \$60 / \$45 Prattville Y Members
 2 DAYS A WEEK: \$90 / \$75 Prattville Y Members

SUMMER GYMNASTICS



Don M. Smith Location: 600 East Main St.
Flexible 2 week session for summer!
June 1-11 • June 15-25 • July 6-16 • July 20-30

GYM CLINICS!

»» FULL DAY GYMNASTICS CLINIC

Ages: Girls & Boys ages 5 1/2 - 11
Days: Thurs, May 21
Times: 9:00 A.M.-4:00 P.M.
Fee: \$105 / \$75 Prattville Y Members

»» TUMBLE CLINIC

Ages: Girls & Boys ages 5 1/2 - 11
Days: Fri, May 22
Times: 2:00-4:00 P.M.
Fee: \$45 / \$30 Prattville Y Members

FULL DAY GYMNASTICS CLINIC

Taught by our Gymnastics Team Coaches!

Ages: Girls & Boys ages 5 1/2 - 11
Day: Wed, July 1
Times: 9:00 A.M.-4:00 P.M.
Fee: \$105 / \$75 Prattville Y Members

»» SUPER CRICKETS

Must be evaluated by our Gymnastics staff to enroll.
Ages: 3-5 1/2
Day & Time: Wed 1:00-2:30 P.M.
4 week sessions: June 1-25 • July 6-30
Fee per session: \$120 / \$90 Prattville Y Members

»» ADVANCED GYMNASTICS

Must be evaluated by our Gymnastics staff to enroll in the Advanced class.
Ages: Boys and girls ages 5 1/2 and up
Days: Tues & Thurs
Time: 5:00-5:45 P.M.
Fee per 2 week session: \$60 / \$45 Prattville Y Members

»» TEEN GYMNASTICS

Ages: Girls ages 12-15
Days & Time: Tues & Thurs 5:00-5:45 P.M.
Fee per 2 week session: \$60 / \$45 Prattville Y Members

»» ACROBATICS CLASS

Ages: Boys and girls ages 5 1/2-11
Day & Time: Wed 2:45-3:15 P.M.
Fee per 2 week session: \$37 / \$27 Prattville Y Members

»» BEGINNER TUMBLE

Ages: Boys and girls ages 5 1/2-11
Days & Time: Tues 6:00-6:55 P.M.
Fee per 2 week session: \$47 / \$32 Prattville Y Members

»» ADVANCED TUMBLE

Ages: Boys and girls ages 5 1/2-11 that have their backhandspring or 12 years old & up.
Days & Time: Thurs 6:00-6:55 P.M.
Fee per 2 week session: \$47 / \$32 Prattville Y Members

»» ACROBATICS, TUMBLE & STUNT

Ages: Boys & girls ages 11-18 and up
Days & Time: Mon 5:00-6:00 P.M.
Fee per 2 week session: \$47 / \$32 Prattville Y Members



TUMBLE/STUNT COMBO! \$65 / \$50 Prattville Y Members

ABILITY PROGRAMS



FIELD OF DREAMS & ABILITY SPORTS

The Field of Dreams and Ability Sports removes the barriers that keep children and adults with mental and physical disabilities out of the games and lets them experience the joys of America's favorite pastimes. Participants that play on the field, play on a customized designed rubberized turf field that accommodates wheelchairs and other assistive devices while helping to prevent injuries.

The Field of Dreams and Ability Sports are not just about the sport. It is about making new friends, building self-esteem, learning independence and being treated like any other athlete. Ages 5-65 and older are welcome to participate.

For more information on participating, volunteering or sponsorships, please contact June Dorough at (334) 358-9622 or jdorough@prattvillemca.org.

SUMMER BASKETBALL

Register: April 20-May 20
Fall Season: June 6-Aug 1
Games played: Saturday nights
Fee: \$35



Be sure to like us on Facebook!

FALL BASEBALL

Register: June 22-Aug 5
Fall Season: Aug 29-Oct 24
Fee: \$35

Players will only play 1 day a week on either Tues, Thurs or Sat.

SAVE THE DATE!

• Halloween Trunk or Treat in the Outfield Oct 24
 5:00-7:00 P.M.

CAMP ABLE SUMMER CAMP

Special needs summer day camp

Register: Now
Ages: 5-23 years old
Dates: June 8-31
Days: Mon-Fri
Times: 9:00 A.M.-4:00 P.M.
 (extended hours available)
Weekly Fee: \$150



MARK YOUR CALENDAR: Registration for Able Afterschool Care begins June 1.

GYM & SWIM

ABILITY SWIM LESSONS

LOCATION: Don M. Smith Branch (365-8852)
Days & Times: Mon & Wed 5:00-5:20 P.M.
 Tues & Thurs 11:10-11:30 AM.
Session Dates: June 1-25 • July 6-30
Fee Per Session: \$90 / \$50 Prattville Y Members

ABILITY GYMNASTICS LESSONS

LOCATION: Gymnastics Center (348 Hwy 82 W, 491-9622)
Days/Times: Call for days/times (334) 365-8852
Session Dates: June 1-25 • July 6-30
Fee Per Session: \$85 / \$50 Prattville Y Members

Ability Programs are for children ages 3-16 who have a special physical or medical need that would benefit from one-on-one instruction (must provide a doctor's note). Children cannot qualify to participate in Ability and Group lessons at the same time.

LET'S PARTY!

YMCA BIRTHDAY PARTIES



»» SPLISH SPLASH POOL PARTIES

LOCATION: Bradford Branch (358-9622)
Days: Fridays & Saturdays
Times Available: Each party is an hour and a half
 11:30 A.M., 1:30 P.M., 3:30 P.M., 5:30 P.M.
What to expect: Parties will have access to both pools, a party room and a party coordinator to help with the day! Party kids will swim first for an hour and then come inside to the party room for 30 min.
Fee: \$200 Nationwide / \$150 Prattville Y Members

»» PLAY CENTER PARTIES

LOCATION: Bradford Branch (358-9622)
Times Available: Saturdays: 12:00 P.M., 2:00 P.M., 4:00 P.M.
 Tuesdays: 4:00 P.M., 6:00 P.M.
Fee: \$190 / \$140 Prattville Y Members
 -15 party guests, \$2 each additional guest
 -Add \$25 if cake is ordered
 50% non-refundable deposit due when booking

»» IN THE GYM PARTIES

LOCATION: Bradford Branch (358-9622)
Times Available: Saturdays: 12:00 P.M., 2:00 P.M., 4:00 P.M.
Fee: \$190 / \$140 Prattville Y Members
 -15 party guests, \$2 each additional guest
 -Add \$25 if cake is ordered
 50% non-refundable deposit due when booking

ADD AN INFLATABLE JUMPER TO A PLAY CENTER OR IN THE GYM PARTY FOR \$75.

PNO!

(PARENTS' NIGHT OUT)

LOCATION: Bradford Branch (358-9622)
Time: 6:00-9:00 P.M.
Ages: Boys & girls ages 3 yrs old-6th grade (must be potty-trained)
Dates: June 12 & August 14
Fee: \$38 / \$28 Prattville Y Members (\$8 off for siblings)



Register Here!

»» PLAY CENTER TIMES

LOCATION: Bradford Branch (358-9622)
Days & Times:
 Mon-Fri: 8:00 A.M.-8:00 P.M.
 Sat: 9:00 A.M.-11:30 A.M.
 *11:30 A.M.-6:00 P.M.

*If there are no birthday parties scheduled, then free play is available.

Fee: Free to Members



PRESCHOOL

Preschool programs are for children ages 2 ½ - 5 (must be potty trained). There is a registration fee of \$75 and a supply fee of \$20. Register at the Bradford Branch. Call (334) 358-1446 for more information.



Learn

TINY TOT TIME

6:00 - 10:00 A.M.

Start your day off at the Y with play! Sign up for one day or all week. Snacks will be provided.

Daily Fee: \$14 / \$12 Prattville Y Members
Weekly Fee: \$42 / \$37 Prattville Y Members



Grow

Y LEARNING

10:00 A.M. - 2:00 P.M.

Learn & grow at the Y. Be Kindergarten ready with our Y learning time. Also, lunch & naps!

Daily Fee: \$22 / \$17 Prattville Y Members
Weekly Fee: \$59 / \$54 Prattville Y Members



Thrive

ENRICHMENT

2:00 - 6:00 P.M.

Hands on exploring opportunities in cooking, art, science, music & games.

Daily Fee: \$17 / \$14 Prattville Y Members
Weekly Fee: \$49 / \$44 Prattville Y Members

CHILD CARE

BEFORE SCHOOL CARE

When you have to work and your hours start early, the Y is here to help! Drop off at the Bradford Branch beginning at 6:00 A.M. and then we will load the buses at 7:00 A.M. We transport to Daniel Pratt, Prattville Kindergarten, Primary, Elementary & Intermediate Schools.

- Before School Hours:** Begins at 6:00 A.M.
- Registration Begins:** June 23
- Registration Fee:** \$12
- Weekly Fee:** \$51 / \$36 Prattville Y Members

\$2 off each week if your child is registered for After School Care. Discounts for siblings apply.

Financial assistance available for those who qualify. For more information, please call (334) 358-1446.

AFTER SCHOOL CARE

When you have to work, the Y is here to provide your child with a fun and safe place to go after school. We provide a supervised, structured environment for children in grades K-6. Their activities include arts & crafts, games, creative activities, sports, snacks, and much, much more. We have afterschool sites at 5 different locations throughout our community. For more information call us at (334) 358-1446.

- Sites:** Main Site (pick ups from Primary, Elementary & Intermediate)
Daniel Pratt, Pine Level, Kindergarten, and Primary

- Afterschool Hours:** 2:30-6:00 P.M.
- Registration Fee:** \$35
- Weekly Fee:** \$90 / \$75 Prattville Y Members
Discounts for siblings apply

Financial assistance available for those who qualify. For more information please call (334) 358-1446.

We also offer afterschool care for individuals with special needs with our Able Afterschool Program. Registration will begin June 1.

★ Before & Afterschool Registration begins June 22 for Members!

Summer Camp Info on the back page.



Register Here!

THE fun all year-round PLACE





20-20-20

TRIATHLON

CLINICS



INFO:

3 Saturdays: April 4, May 9, June 6

Begins at 9:00 AM each Saturday
Prattville YMCA Don M. Smith Branch, 600 East Main St.

Each saturday will be one hour that will include:

- 20 minutes swim (DMS Indoor Pool)
- 20 minutes bike (on a trainer on the outside deck)
- 20 minutes run (on outdoor track)

Fee each Saturday:
\$40 / \$30 Prattville Y Members

Register today online or at the Don M. Smith Branch. Email Martie for more information: mbrown@prattvilleymca.org



[Register Here!](#)

The YMCA isn't just a gym or a pool – it's a community. Together, members push harder, lift heavier and go further with the power of a team!

ADULT SWIM & SPORTS

15

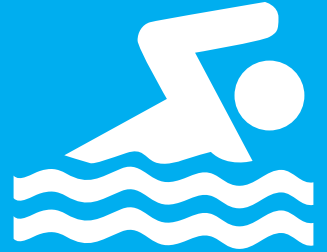
STAY ACTIVE. STAY SOCIAL. STAY STRONG.



Scan Here!

POOL HOURS

To find our latest pool schedules for all Open Pool Time, Lap Swim, Masters Swim & Adult Aquatics classes, please visit our website by scanning the QR Code. For a printed copy, visit our Member Services' Desks.



PRE-MASTERS TRAINING PROGRAM

Days & Times: Mon, Wed, Fri 1:00–2:00 P.M.
Dates: Now–April 30
Fee Per Month: \$100 / \$50 Prattville Y Members
Monthly bank draft



MASTERS SWIM TEAM

Days & Times: Mon, Wed, Fri 5:00–6:00 A.M.

Continuous Monthly Enrollment:

Fee Per Month: \$70 / \$28 Prattville Y Members

For more information and registration, contact Martie Brown at (334) 365-8852 or mbrown@prattvilleymca.org



ADULT AQUATICS CLASSES

AQUA CHALLENGE

A moderate to intense water aerobics class that includes toning, stretching, and cardiovascular conditioning. The added buoyancy of exercise in the water takes the JOLT out of your joints!

ARTHRITIC EXERCISE

This class is a series of water exercises, which has the potential to help decrease pain and / or stiffness and improve or maintain joint flexibility. Anyone can benefit from this program, even non-swimmers.

ADULT AQUACISE

This is a light to moderate water aerobics class of conditioning exercises to work on muscle strength and flexibility. Exercises include gentle stretching with slow, progressive movements.

GROUP EX SCHEDULE



FITNESS BRANCH CLASSES

600 East Main Street



FITNESS CHILD WATCH HOURS:

(ages 6 weeks-10 years)

M W F 8:00-11:15 A.M.

T Th 8:00-10:00 A.M.

M-Th 3:30-7:00 P.M.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:00 A.M.	Rise & Grind	Yoga	Rise & Grind	Yoga	Rise & Grind	
7:00-7:30 A.M.	Morning Movers		Morning Movers		Morning Movers	
7:45-8:15 A.M.	Pacers		Pacers		Pacers	
8:00-8:45 A.M.		Kickboxing		Kickboxing		
8:30-9:30 A.M.	Group Power		Group Power		Group Power	ZUMBA
8:45-9:30 A.M.		Butts & Guts		Butts & Guts		
9:45-10:45 A.M.	Restorative Yoga				Restorative Yoga	Yoga
10:00-11:15 A.M.		Strong Moms*		Strong Moms*		
10:15-11:15 A.M.	Barre		Barre		Barre	
11:00-11:45 A.M.	Cardiac Class		Cardiac Class		Cardiac Class	
12:00-1:00 P.M.	Rock Steady*		Rock Steady*		Rock Steady*	
1:00-2:30 P.M.			Line Dancing			
4:00-4:55 P.M.	Mat Y-lates	Youth Fit*		Youth Fit*		
5:00-5:55 P.M.	Strength Circuit	Step Aerobics	Strength Circuit			
5:00-6:00 P.M.	Group Power			Group Power		
6:05-7:00 P.M.	ZUMBA	ZUMBA		ZUMBA		
6:05-7:00 P.M.	Recovery Lab		Recovery Lab			



BRADFORD BRANCH CLASSES

972 McQueen Smith Road South

BRADFORD CHILD WATCH HOURS:

(ages 3 months-10 years)

M W F 8:00 - 11:00 A.M.

T Th 8:00 - 10:00 A.M.

	Monday	Tuesday	Wednesday	Thursday	Friday
5:15-6:15 A.M.		Group Power		Group Power	
6:00-7:00 A.M.	Virtual Spin		Virtual Spin		Virtual Spin
8:30-9:30 A.M.	PiYO	Spin	PiYO	Spin	PiYO
8:30-9:30 A.M.	Group Power	ZUMBA	Group Power	ZUMBA	Group Power
9:30-10:00 A.M.		Stretch & Roll		Stretch & Roll	
10:00-11:00 A.M.	ZUMBA		ZUMBA		ZUMBA
5:00-5:45 P.M.	POUND		POUND		



* These classes require registration and an additional fee.

CLASS DESCRIPTIONS

BARRE– Tone your arms, legs, glutes, and core through intense strengthening and stretching exercises.

BUTTS & GUTS– 30 minute athletic and functional core and glute strengthening.

CARDIAC CLASS– specially created for seniors to increase joint mobility and strength.

GROUP POWER– Total body strength training using high-reps, barbells, plates, and body-weight. This class is high energy with dynamic music to get your heart-rate up, sweat, and push you to a personal best.

KICKBOXING– High energy fast paced class. Utilizing targets for punching and kicking. Boxing style moves create a cardio intense class with rounds of core built in.

LINE DANCING– Beginner line dancing designed to teach you the basics with easy-to-follow steps and a variety of songs. Get ready to groove, meet new people and enjoy a great workout. The line dancing schedule will be published monthly. Please join the Remind group so you can get the schedule each month. Text the code: @ymcaline to the number 81010 to join!

MAT Y-LATES: This is a mat-based workout inspired by Pilates that focuses on strengthening the core, improving flexibility, and promoting mindful movement. This class blends controlled exercises with gentle stretching to help enhance posture, balance, and overall body awareness in a welcoming and supportive environment.

MORNING MOVERS– 30 minute class created to improve balance, coordination, and strength.

PACERS– Free community class for active older adults looking for a way to stay in shape. This class is designed to increase joint flexibility and range of motion while maintaining muscle strength.

PIYO– Combines the muscle sculpting, core strengthening benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll perform a series of high intensity, low-impact moves that will work every single muscle.

POUND– Full-body workout that combines cardio, conditioning, and strength training inspired by infectious, energetic, and sweat dripping fun. This class will utilize Rip Stix to pound along to the rhythm of your favorite songs.

RECOVERY LAB– A class designed to release tension, improve mobility, and help you unwind through instructor guided stretching.



RESTORATIVE YOGA– This form of yoga allows for the gentle release of tension by holding poses longer and focusing on breathing technique. This is a great class for muscle, joint and tissue recovery.

RISE & GRIND– Designed to meet all fitness levels, Rise and Grind incorporates circuit training and functional movement to get your heart rate up and strengthen your body.

SPIN– Indoor cycling class that will deliver a calorie torching cardiovascular workout that will also help increase strength and stamina in the lower body.

STEP AEROBICS– An energetic, full-body, cardiovascular workout that elevates your heart rate and increases your body's endurance. Participants will use a step and occasionally a few dumbbells.

STRENGTH CIRCUIT– A high intensity class designed to build strength and endurance through several stations targeting each muscle group with a variety of exercises and pieces of equipment.

STRETCH & ROLL– This 30 minute class will help your muscles recover through myofascial release and increase flexibility.

STRONG MOMS– Train for the "Marathon of Labor" and the "Sport of Motherhood" with an innovative circuit training format combined with movement patterns of push, pull, bend, extend, rotate, and balance.

YOGA– Improve balance and flexibility utilizing a wide variety of traditional yoga poses to meet all fitness levels. This class is offered at various times to meet anyone's schedule.

ZUMBA – Combines low and high-intensity moves for an interval style dance fitness party using Latin and World Rhythms.

FITNESS CLASSES

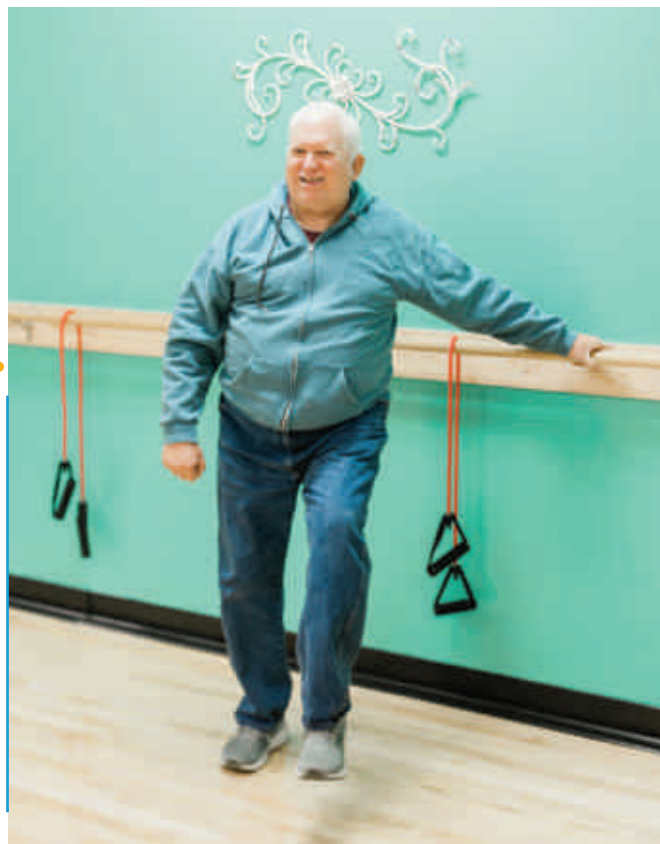
ROCK STEADY BOXING PRATTVILLE YMCA

FIGHTING BACK AGAINST PARKINSON'S

LOCATION: [Fitness Center \(361-0268\)](#)

We are learning every day that there are ways in which people with Parkinson's disease can enhance their quality of life and even build impressive power, strength, flexibility and speed! By exercising with coaches who know the ropes, you can fight your way out of the corner and start to feel and function better. This is a non-contact boxing class that has proven that anyone, at any level of Parkinson's, can actually lessen their symptoms and lead a healthier, happier life.

Evaluations: \$60 evaluation fee, includes a pair of gloves & bag
Days & Time: Mon, Wed & Fri • 12:00-1:00 P.M.
Fee: \$127 for 12 sessions / \$21 for a single class



YOUTH FIT

Class is designed to teach children the importance of working out and how to do it correctly. Building confidence through games, movement and age-appropriate workouts.

Ages: 8-13
Days: Tues & Thurs
Time: 4:00-4:55 P.M.

Sessions start every month. No classes in Dec. or Aug.
Call Fitness Center to register.

Monthly Fee:
\$43 / \$25 Prattville Y Members

From first steps to personal bests, every class is a chance to grow stronger together.

YOUR FITNESS PLAN

MEASURE. TRAIN. TRANSFORM.



GET STARTED & STAY ON TRACK

INBODY SCAN

Fee: \$10 / FREE for Prattville Y Members

FITNESS EVALUATIONS

Fee: \$64 / \$32 Prattville Y Members

The Fitness Center offers fitness evaluations to members and non-members. During this evaluation the participant will gain awareness of their measurements, body fat, cardiovascular endurance, muscular strength, muscular endurance and flexibility through various fitness tests. Non-members may get \$30 off of their joining fee if they get an evaluation and join the Y!

MATRIX ORIENTATIONS

Fee: Free for Prattville Y Members

After completing your FREE orientation on the Matrix equipment, you may receive additional instruction as needed up to 5 sessions. \$10 per session for Members only. Call the Fitness Branch to schedule an appointment.

PICKLEBALL, RACQUETBALL & TENNIS

Reservations: Make 2 days in advance (Racquetball)

Time limit: 1 hour

Fee: Free to Members

PERSONAL TRAINING

At the Prattville YMCA, we want to help you achieve your goals. We offer something for everyone, whether it's weight management, increasing strength or just getting back on track. Packages include a free body fat evaluation.

PERSONAL TRAINING RATES:

Sessions	Time per session	Rate
1	30 minute	\$24
1	60 minute	\$47
5	30 minute	\$110
5	60 minute	\$210
10	30 minute	\$210
10	60 minute	\$365
12	60 minute	\$426
15	30 minute	\$300

TEAMMATE RATES:

Rate per person

\$43
\$102
\$205
\$205
\$345



Book your personal training package today and take the first step toward a stronger, healthier you. Call today: (334) 361-0268

YMCA MEMBER REWARDS

Download the YMCA360 App today and start earning points.



Redeem your points for Y swag!

ACTIVITY	POINTS
Check in with a digital barcode (Limit 1 point per day)	1
Track Your Workout (Limit 1 point per day)	1
Watch a Video on YMCA360 (Limit 1 point per day)	1
Join a Challenge (Limit 5 points per month)	5
Install App (Limit 10 points per lifetime)	10
Connect your watch or Fitbit (Limit 10 points per lifetime)	10
Complete a Challenge (Limit 10 points per month)	10
Birthday Bonus (Limit 10 points per year)	10



IMPACTING OUR COMMUNITY



2025 VOLUNTEER OF THE YEAR AWARD WINNER: COACH JOE REYNOLDS

Each year we give a volunteer of the year to someone whose investment into people and to the Y makes a difference. Joe Reynolds, our Volunteer of the Year for 2025, is the heart behind our PSL Swim Team. With experience coaching championship swimmers at the collegiate and Olympic levels, Joe brings an incredible depth of knowledge—but it’s his passion, consistency, and care for each swimmer that truly set him apart. Thank you, Joe, for the time, heart, and leadership you pour into the Y every day. You make a difference.

Previous recipients of this award:

2024 Raymond Turner

2023 Scott & Carol Ferguson

2022 Pete Dorough

2021 Michael Petty

2020 Mike Reynolds & Stacy Mills

2019 The LaFrance Family

2018 Emily Lobenstein

2017 Charlie Austin

2016 Gene Sedgwick

2015 Pam Frederick & Doug Watkins

2014 Julie Gunn

2013 Will Barrett

2012 Chris Britton

2011 Greg Nichols

2010 Aric Lobenstein

2009 Matt Dolan

2008 Jimmie Gayle Flavell

Y H.E.R.O. WINNER: RIAN TRUELOVE

Rian Truelove was chosen as the Prattville YMCA 2025 Y H.E.R.O Award Winner. Y Heroes are staff members that are recognized for the continuous service to the YMCA that far exceeds expectations. This award winner is chosen from previous Y Champion winners.

We were honored to present the Y H.E.R.O. Award to Rian Truelove, our incredible Gymnastics Coordinator. Rian’s leadership, dedication, and love for our kids truly embodies what it means to be a Y hero.



Every day, Y staff, volunteers and donors help empower people within the community we live, so that they can be healthy, confident and connected.

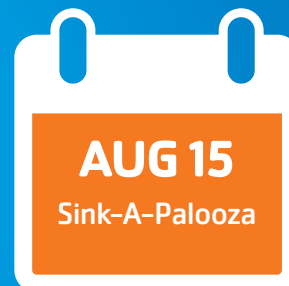
SAVE THE DATES!

Throughout the year, the Y hosts several special events that bring our community together and help support the mission of the Y. Every fundraiser plays a part in strengthening programs, supporting families, and expanding what we can offer. Mark your calendars—we’d love to have you join us for our 2026 events!



MAY 11

Kevin Turner Golf Tournament



AUG 15

Sink-A-Palooza



OCT 17

Grits Cookoff

KEVIN TURNER PRATTVILLE YMCA GOLF BENEFIT

Monday, May 11, 2026 • Robert Trent Jones Golf Trail



The Prattville YMCA will host the 28th annual Kevin Turner Golf Tournament on May 11 at the Robert Trent Jones Golf Trail at Capitol Hill, Prattville YMCA officials announced.

Kevin Turner went through a five-year battle with ALS (amyotrophic lateral sclerosis), which was triggered by CTE (chronic traumatic encephalopathy), a disease that hits home with many Crimson Tide players from that era who witnessed it first with Turner and more recently with former Tide running back Kerry Goode.

Turner, a Prattville native who starred at Alabama from 1988-91 and in the NFL for eight years, loaned his name to the tournament after participating in sports at the YMCA in his early years and attended the event before his battle with chronic traumatic encephalopathy, or CTE, led to his untimely passing in March, 2016. He made a brief appearance at the 2015 tournament with guest host Gary Hollingsworth, a former Alabama quarterback and teammate of Turner. After Turner's death, the Turner family was honored as the second guest host.

Since then, the tournament has had former Turner teammates as guest hosts, including Siran Stacy (2017), Antonio Langham (along with Andrew Zow in 2018), Sherman Williams (2019), Martin Houston (2020), Roger Shultz (2021) and Preston Gothard (2022) former Auburn running back and coach Carnell Williams (2023), Chris Mohr and Chris Stewart in (2024), Jake Coker and Jeff Burger (2025). The announcement of the 2026 host will be made soon.

Proceeds from the tournament help fund the Coach A Child campaign which provides financial aid to make YMCA services available to all persons regardless of their inability to pay. The Prattville YMCA has provided financial aid to more than 3,300 individuals, many of them children, at a cost of more than \$377,000. This year, the goal is to raise \$265,000 for the Coach A Child Fund Campaign, part of which is funded with proceeds from the golf tournament. For more information on how to enter this year's tournament, contact June Dorough (334) 558-1367.



FOR OUR COMMUNITY

THE Y IS FOR SOCIAL RESPONSIBILITY.

MILITARY DEPLOYMENT PROGRAM

The Y appreciates the military heroes of our community. The sacrifice they make for our country every day is remarkable. We offer a military deployment appreciation membership. If your family has one head of household deployed with the military, please contact 365-8852 to find out more information regarding this program.

PACERS

The Y understands the importance for our Senior Adults to remain active. The Y's Pacers is an exercise class we offer to active older adults looking for a great way to stay in shape. Pacers helps increase joint flexibility and range of motion while maintaining muscle strength. This class is offered free of charge.

SCHOLARSHIP PROGRAM

We seek to make our services available to all persons regardless of inability to pay. Scholarships are available to those living in Autauga County and the City of Prattville. This assistance is made possible thanks to the support of sustaining contributors and the United Way. Please call Kathy at 365-8852 for more information.

LIFEGUARD TRAINING CLASSES

LOCATION: Don M. Smith Branch Indoor Pool (365-8852)

The YMCA offers American Red Cross Blended Learning trainings which consist of 8 hours of online training and 21.5 hours of intensive in-classroom and water training.

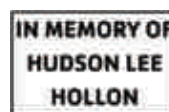
1. Contact Hope Cutler at hcutler@prattvilleymca.org or David Creamer at dcreamer@prattvilleymca.org to schedule a pre-requisite swim test. The swim test consists of a 150 yard continuous swim, 2 minutes of treading water, 50 yard continuous swim, and 10 pound brick retrieval from the deep end.
2. Complete the 8 hours of online pre-course work. We will provide you with a link to start your online training through the Red Cross website. You must complete it before your first class day.
3. Complete an in-person certification class

If you are a YMCA employee, we will pay for your training fees! Ask how you can become a YMCA employee to get your fees covered.
Fee: \$300 / \$250 Prattville Y Members



JOHN 17:21 SOCIETY

The John 17:21 Society was established in 2013 and is comprised of YMCA donors who believe in the mission of the YMCA: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all. These donors understand the impact of the YMCA is felt every day when an individual makes a healthy choice, when a mentor inspires a child and when a community comes together for the common good. These donors demonstrate that belief by annually donating at least \$1000 to the work of the Prattville YMCA.



Mind Society
Ken & Susan Daniel
Jason & Thea Langley
Roy & Elaine McAuley

Body Society
Robby & Katrina Anderson
Will & Jennifer Barrett
Matt & Kristen Burns

Bryan & Cindy Clark
Linda Colson
Steve & Carol Golsan
Mark, Kristi & Isabella Johnson
David & Stacey Lewis
Aric, Emily, Savannah & Thomas Lobenstein
David & Cindy McDowell
Ed & Ann Mullins

Paul & Cindy Oliver
David & Donna Smith
Andy & Dawn Wendland
Richard & Luann Williams
Michael & Leslie Whaley

Individual
Prattville Millbrook Sunrise
Rotary Club

Brett Birchmeier
Johnny & Marylyn Brownell
Keith & Angela Cantrell
Ken & Annette Funderburk
Jon & Leigh Ann Grooms
Donald & Ginger Henry
Onya Johnson
Joe & Tricia Mathis
Clay & Gayla McConnell

David & Louise Jennings-
McCullers
Tom & Linda Miller
Larry & Linda Puckett
Kim Stewart
Kyle & Sara Stewart
Bob & Teresa Stacy
Jeremy Walker

For more information on how you or your business can become members of the John 17:21 Society, contact June Dorough at (334) 358-9622.

THE Find Your Best Friend PLACE



Register Here!



SUMMER DAY CAMP PRATTVILLE YMCA

DAY CAMP is more than just summer fun—it's where kids build lasting friendships, celebrate achievements, and discover a place they can truly belong. Guided by trusted staff, campers can look forward to:

- Swimming, sports, and outdoor play
- Creative art and STEM projects
- Field trips
- And so much more!



SWEET SUMMERTIME!



CAMP INFORMATION

Registration Fee: \$90
Camp Hours: M-F 7:00 A.M. - 6:00 P.M.
Camp Dates: May 26 - Aug 10

Weekly Fee:
• \$138 Prattville Y Members
• \$183 Non-Members

More Info: (334) 358-1446

CAMP ABLE

A Special Needs Summer Camp.

See page 10 for details.